

NEWSLETTER

SUMMER 2026



LISCARD
GROUP PRACTICE

☼ STAY HYDRATED ☼

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Welcome to the latest edition of our practice newsletter — we aim to issue this quarterly, giving you news and information of what's happening in the surgery.

Repeat prescriptions? ☒

Only order what you need



10% of medicines prescribed nationally are not needed



In Cheshire and Merseyside large amounts of **medicines** are wasted



Speak to your **pharmacy team** about only ordering what you need



Take your medications when you go into hospital for **safe, seamless care**

Find out more about our medicine waste campaign at:

cheshireandmerseyside.nhs.uk/medicines-waste

SURGERY OPENING HOURS

CORE HOURS

Monday - Friday 8:00-18:30

ENHANCED ACCESS at LGP

Mondays 18:30-20:00

1 in 4 Fridays 18:30-20:00

Every other Saturday 8:30-17:30

ENHANCED ACCESS at other local practices

Tuesday-Friday 18:30-20:00

Every other Saturday 8:30-17:30

Bank Holiday Closure:

Monday 31st August

Training 1-5pm:

Tuesday 7th July & Thursday 10th September

Cover will be provided by the out of hours service on these dates - please call NHS 111.



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Contraceptive Services

We offer long-acting reversible contraception (LARC)

Call us to book an appointment with Dr Singh to discuss Implants and IUDs/Coils.

Practice Nurse Update

We're pleased to announce that Emma Huxley joined the practice in June, working on Tuesdays, Wednesdays and Fridays.

NHS

You can book an appointment
and catch up on the MMR
vaccine at any age

Getting the NHS MMR vaccine is free
and usually takes just a few minutes

